



Ar Rahman The Most Merciful,
The Entirely Merciful, The Most
Gracious.

الرَّحْمَنُ

1. What does this Name mean to me?

Ar Rahman to me means that Allah has more Mercy than every creature combined. He has more mercy than even my own mother. There is nothing in this whole universe that is as merciful as Allah. He is the Most Merciful.

2. How can it help me improve my worship?

Now that I know that Allah is the Most Merciful, I feel great love for Him because of His Mercy on me and my family. This love and mercy make me want to worship Allah more out of gratitude for everything he has ever given me. Allah's Infinite Mercy makes Him worthy of all my love and the best acts of worship I can do.

3. How can it help me improve my dua?

It helps me improve my dua by asking him to help me and all the people around me be merciful to everyone. I should ask Ar Rahman to grant His Mercy on me and my family always and to grant His Mercy to the entire ummah. I should especially ask Him for the special Mercy He will give the believers on the Day of Judgement.

4. How can it help me purify my heart?

Knowing about Allah's Mercy encourages me to act more merciful to others. This mercy in my heart can make my actions merciful by making me more generous, caring, loving and forgiving, as these are the qualities of merciful people.

5. How can it help me improve my character?

I can show my mercy in my character by helping as many people as I can. I can forgive those who make mistakes. In Islam, being merciful is not only for people. I must also be kind to every living creature including animals and plants.

6. Here is an activity for you to reflect.

Did you know that there is an entire Surah in the Quran named Surah Ar Rahman? This Surah begins with this name of Allah and is full of examples of His Mercy. The main topic of this Surah is a description of Paradise and everything that Allah will grant us in it. Take some time to recite the entire Surah and read through its translation with your family. Then take some time to reflect on how this Surah teaches us about Allah's Mercy and what lessons we can take from it.



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3. How can it help me improve my dua?

4. How can it help me purify my heart?

How can it help me improve my character?

6. What activity can you come up with for this name?
How would you teach this name to your younger sibling or
your friend?



Ar-Rahmaan - The Beneficent
- He who wills goodness and
mercy for all His creatures

الرَّحْمَنُ

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goodness and mercy for all His creatures

Ya Rahman, have Mercy on our family, help us
to be good and forgive our sins so we can all be
reunited in Jannah

الرَّحْمَنُ

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goodness and mercy for all His creatures

Ya Rahman, please bless our family with more
barakah in time, so we can have more time
together and we can listen to Quran and Islamic
stories like we used to

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